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## **The Wellness Community Announces Third Edition of *Frankly Speaking About Lung Cancer Education Program***

**New Edition Launches with Special Installment to Podcast Series “*The Cancer Sessions*”**

**WASHINGTON, D.C. – July 23, 2007** – For several years, lung cancer has been the number one cause of cancer-related deaths in the United State and the second most common form of cancer diagnosed. At any given time, approximately 350,000 people are living with lung cancer. The Wellness Community announced today that it will be releasing its third edition of *Frankly Speaking About Lung Cancer* along side its latest podcast episode, “*Lung Cancer Survivorship*.”

This latest edition, developed in partnership with the Lung Cancer Alliance, includes a new workshop and comprehensive booklet with up-to-date information about targeted treatments and ways to successfully gain a better quality of life after a lung cancer diagnosis. The Wellness Community is also proud to partner with the American Lung Association to offer workshops in 40 locations around the country.

It is a little known fact that 60 percent of people newly diagnosed with lung cancer either quit smoking many years ago, or have never smoked at all. Lung cancer survivors deal with unique challenges surrounding treatment decision-making, screening options, and coping with the stigma often associated with this disease. The fourth episode of *The Cancer Sessions: Online Answers to Your Cancer Questions* entitled “*Lung Cancer Survivorship*,” discusses these challenges along with the latest innovations in lung cancer treatment, the emotional toll of diagnosis, and additional resources available to people affected by lung cancer. Hosted by Kim Thiboldeaux, president and CEO of The Wellness Community, the program’s panelists include:

- **Dr. Nasser Hanna**, a doctor and associate professor at Indiana University's Cancer Center, specializes in thoracic oncology and the study and management of all forms of lung cancer. He is also a contributing editor to this latest edition of *Frankly Speaking About Lung Cancer*.

- **Laurie Fenton**, president of the Lung Cancer Alliance, oversees the Alliance's public policy agenda, national grassroots network of lung cancer survivors, and a variety of education, support, outreach and volunteer programs.
- **Sheila Rollings**, a mother of three and a grandmother of five, is an active member of the The Wellness Community – Delaware. She was diagnosed in 2005 with lung cancer adenocarcinoma.

To order a **free** copy of *Frankly Speaking About Lung Cancer* or to find a workshop near you, call 1-888-793-WELL. To listen to the “*Lung Cancer Survivorship*” podcast, made possible through an unrestricted educational grant from AstraZeneca and Eli Lilly, please visit <http://www.thewellnesscommunity.org/education/podcasts.php>.

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### **About The Wellness Community®**

Celebrating its 25<sup>th</sup> anniversary in June 2007, The Wellness Community is an international non-profit organization dedicated to providing free support, education and hope to people with cancer and their loved ones. Through participation in professionally-led support groups, educational workshops, nutrition and exercise programs, and mind/body classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope regardless of the stage of their disease. Today, there are 24 Wellness Communities around the United States plus 56 satellite and off-site programs, two centers abroad in Tel Aviv and Tokyo, four centers in development, and online at The Virtual Wellness Community. For more information, visit [www.thewellnesscommunity.org](http://www.thewellnesscommunity.org).